

SHUNGITE REALITY - a study of energy
 By N.L. Hopkins in collaboration with
 Walt Silva and Derek Condit

Chapter 3

Frequently Asked Questions

1. Q: What is Shungite?

A: There is only one Shungite source in the world. It is the Zazhoginsky Shungite deposits in the western Republic of Karelia, near the eastern border of Finland. The word “Shungite” is derived from the small town in the area called Shunga. While some would disagree, we believe the Shungite deposit resulted from a meteorite strike 2.5 billion years ago. What remains is 1000 square km (386 square miles) of a mix of materials having very unique qualities and attributes.

Composition of Elite Shungite

National Science Center,
 Institute of Physics and Technology

Element	Min	Max
C	83,4	89
O	10,3	15,8
Si	< 0,1	0,1
S	0,3	0,5
Cl	0,1	0,2
K	0	< 0,1
V	< 0,1	< 0,1
Ni	0	< 0,1
Na	0	< 0,1
Ca	0	< 0,1

Carbon - C Silicon - Si Chlorine - Cl Vanadium - V Sodium - Na Iron - Fe Aluminum - Al
 Oxygen - O Sulfur - S Potassium - K Nickel - Ni Calcium - Ca Magnesium - Mg Titanium - Ti

Composition Raw Shungite

Element	Min	Max
C	49,1	54,7
O	27,3	31,6
Na	0,1	0,2
Mg	0,2	0,2
Al	0,9	1,1
Si	14,8	16,7
S	0,2	0,3
K	0,6	0,7
Ca	0,1	0,2
Ti	0	0,3
Fe	0,3	0,6

In a study done by the National Science Center Kharkov Institute of Physics and Technology (NSC KIPT), eleven significant elements were identified as being found in both Elite and Raw Shungite, although the elements differed between the two types of Shungite.

The chart above lists the elements contained in the two types of Shungite normally encountered by users of Shungite. A third type is used mainly for industrial and construction purposes and has an even lower amount of carbon, and is more grey than black.

Elite (also referred to as Noble) Shungite has a much higher carbon content than what we call "Raw Shungite". Pure Elite is shiny and brittle. Raw looks like coal and the darker the black the higher the carbon content.

The above chart shows the other elements contained in the two types of Shungite. They differ in the amount of each element and the elements of magnesium, aluminum, titanium and iron are present in Raw but not in Elite Shungite. Trace amounts of vanadium and chlorine are only found in Elite Shungite.

Everyone, including myself, attributes the seeming magic of Shungite to be associated with a carbon molecule called a C60. The more carbon, the more C60 molecules. Thus, Elite will have many more C60 molecules than the Raw Shungite. However, there is much more at play than the number of C60 molecules.

Why does Elite Shungite even exist? If we think of a stew, reportedly containing every element in the Periodic Table of Elements, suddenly heating up to as much as 3,000 degrees F (1,650 degrees C) as it fell to Earth, we would see it begin to change. Chemistry and the attraction of

certain elements to each other would cause a type of clumping from the heating and “stirring”. That is why Elite is very different when looking at the other trace elements it contains.

What actually happened is this composite mineral ball traveling through Interstellar Space entered Earth’s atmosphere. The friction, as the ball fell through the atmosphere, caused the ball to become a burning meteorite on a huge scale. Even after hitting Earth, this near molten deposit continued “cooking”. When it cooled, veins of Elite Shungite were contained within the deposit of the Raw Shungite. Extracting pure Elite from the massive Shungite deposit is difficult and expensive.

Elite and Raw Shungite are very different chemically and energetically. We believe that while many may resonate with Elite, the qualities of Raw are a better match for the 3D physical environment. We do not sell Elite and everything discussed in this book is based upon Raw Shungite.

2. Q: *If Elite does not have any iron, why do I see rust on my Elite nuggets?*

A: Elite Shungite is formed as veins within the Shungite deposit. Some Elite specimens are pure while others at the edge of the vein may also contain some of the elements contained in Raw shungite. This contamination of the pure Elite vein by iron will sometimes show up in the Elite specimen as rust when the iron is exposed to water. The rust is not dangerous.

3. Q: *Why do I see rust on my Raw nuggets along with silver/gold streaks?*

A: In the chart of elements, Raw Shungite has iron (Fe) and sulfur (S). When mixed together you can get pyrite as

streaks or as actual cube-like crystals. Iron subjected to water can result in rust that is not dangerous.

4. Q: *Is Pyrite toxic?*

A: A combination of Iron and Sulfur, Pyrite has a bad reputation for being a major toxic problem, but only in mining operations. It is the Sulfur that is toxic, which can be released from the Pyrite matrix during mining, creating sulfur dioxide gas when exposed to water. Assuming the Pyrite releases sulfur into your drinking water that becomes sulfur dioxide gas in very trace amounts, there is not enough gas to be of any danger. On top of that, all toxins in water are transmuted by Shungite. If sulfur dioxide was a problem, it would certainly have been detected as an environmental hazard. What we find instead is pristine water in the lakes in and surrounding the Mother Lode in Karelia.

Do not worry about pyrite. You cannot possibly get as much sulfur dioxide in your water as you find in some processed food. From the Agency for Toxic Substances & Disease Registry: *“Ingestion of sulfur dioxide is unlikely because it is a gas at room temperature. Sulfur dioxide is used in small amounts as a food and wine preservative. Highly sensitive asthmatic individuals can develop bronchospasm after eating foods or drinking wine preserved with sulfur dioxide or other sulfur preservatives.”*

Shungite.Com states:

“Shungite has the ability to clean water from almost of all organic compounds (including pesticides), metals, bacteria and harmful microorganisms.

The water from Lake Onega in Russia, can be used for drinking without any prior cleaning! It's the result of thousands of years of interaction with Shungite. The commercial use of Shungite filters started back in 1990's, during that time, many experiments and studies were conducted on Shungite influencing health on the human body. Scientists came to the conclusion that Shungite water is absolutely non-toxic.

Quartzite and pyrite are natural components of classical shungite. They are unevenly distributed in the stone and are well visible. While treating shungite water and other uses of shungite – the content and quantity of these insertions does not have matter."

5. Q: *What is Shungite good for?*

A: When first meeting up with Shungite in March 2014 the following list answered the question. It still applies and we will discuss the various categories of Shungite's attributes in the following sections.

Shungite Is Used For:

- water purification and infusion of water with healing energies;
- enhancement of growth in vegetation and livestock;
- EMF, microwave, and nuclear shielding materials;
- healing a variety of diseases;
- creation of healing rooms by Russian Military Medical

clinics;

- balancing the energy body that is the blueprint for the physical body, promoting physical, emotional, and mental health;

- charging bath water and swimming pools;

- a Shungite pendant provides balance and individual protection against most types of EMF & microwave fields.

6. Q: *Are people reporting health enhancements with Shungite?*

A: If you have read the testimonials in the previous chapter, you know that some amazing health enhancements are being reported, as they have been reported for at least 300 years.

To be considered relevant by the establishment, research has to be “Peer Reviewed”. This designation of a research report indicates it has been reviewed by one’s “peers”, in other words, as one’s “equals”. A group of people NOT affiliated with any government/corporate/academic agenda, that would be us average, uncertified people who share our observations, is a much better pool of accurate and honest reporting.

That being said, there have been continual certified health benefits recorded by certified organizations and individuals throughout the world regarding the health benefits of Shungite.

7. Q: *How do you determine you have real Shungite?*

A: This test is for nuggets and figurines. Beads, Shungite Resin products and Shungite Powder do NOT pass the test

because conductivity is lost.

1. Take any typical, cheap flashlight and turn it on.

2. Unscrew the cap which has a spring in it.

3. DO NOT remove the battery compartment.

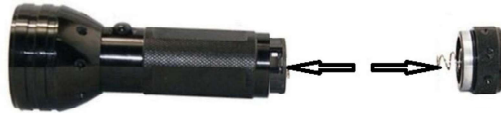
4. Place the nugget or figurine so it

touches the center metal piece in the battery holder while the other end touches the spring in the cap.

5. If the flashlight lights up, it is Shungite.



1. Take any typical, cheap flashlight and turn it on.
2. Unscrew the cap which has a spring in it.
3. DO NOT remove the battery compartment.



4. Place the nugget or figurine so it touches the center metal piece in the battery holder while the other end touches the spring in the cap.

Beads can sometimes be tested this way, if you can maintain pressure so each bead touches the others. But streaks of gold, silver or white indicates it is real Shungite. Not all the beads will have the streaks but if none of them do, it may not be genuine. Also the inside of the hole in the beads should be black not white.

8. Q: What is Enerology?

A: Enerology is the study of Energy.

My introduction to Metaphysics came during the late 1980s. The word Metaphysics comes from Ancient Greece, where it was a combination of two words – Meta, meaning over and beyond – and physics. Metaphysicians fundamentally believe that what we consider as being real and provable by traditional physics is only a manifestation from an energy universe. “Real” is what our physical senses perceive and what we construct in our consciousness as

something tangible. But even Albert Einstein came to realize:

“Concerning matter, we have been all wrong. What we have called matter is energy, whose vibration has been so lowered as to be perceptible to the senses. There is no matter.”

While having no certificate proving I am a scientist that will satisfy those who need such certification for validation, a scientist is simply someone who systematically gathers and uses research and evidence, develops a hypothesis and tests it, to gain and share understanding and knowledge. I am a scientist.

By the time my path took me into the world of Metaphysics, I had traveled through the world of Electronic Warfare where the battlefield was one of invisible electromagnetic signals from radio to radars. That energetic world introduced me to Quantum Physics where it was looking like all that is, is energy. We live in an energy universe. To quote Einstein again: *“Matter is Energy ... Energy is Light ... We are all Light Beings.”*

Biology is the study of biological life. Enerology is the study of energy. Enerology was a term I began using when discussing what I was seeing as a merging of Quantum Physics and Metaphysics. Quantum Physics was devising ways of testing, measuring, analyzing, and comprehending the Energy Universe. Metaphysicians had been developing a knowledge base of how to harness the Energy Universe. Metaphysicians have been considered quacks by accepted scientific establishments because their theories and successes entered into the realm of magic. And indeed that is true. But magic is just the manipulation of energy.

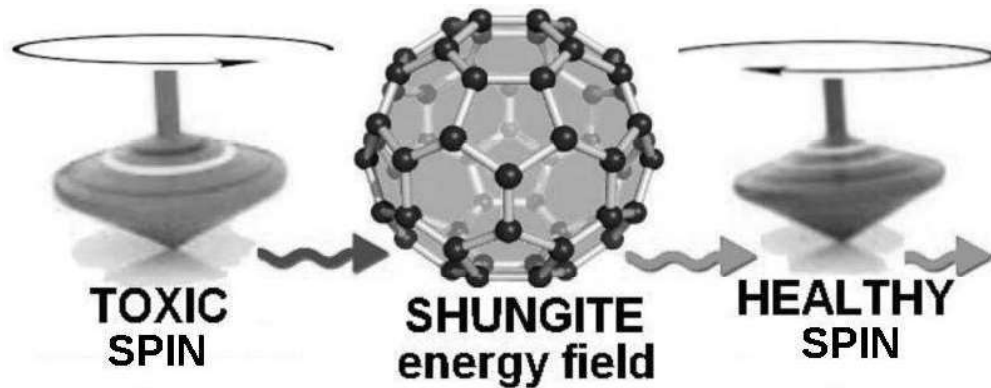
Metaphysicians are magicians harnessing the magic accessed by an understanding of the Energy Universe.

Enerology studies the claims of Metaphysicians within the context of what is known in Quantum Physics. It also delves into new avenues of cosmic energy by following the claims of energy healings, shamanic travels, divination, telepathy, astral projection, angels, spirits, souls and so forth.

Energy cannot be created or destroyed, it can only be changed from one form to another. Shungite showed us toxins can be eliminated from water, soil and air. Detoxification of water has been known for at least the last 300 years, while soil and air detoxification are recent discoveries. These claims are proven facts. But how does Shungite do it, was the perplexing question never answered until energy intuitive individuals got into the picture. Such people fall into the category of metaphysicians. The metaphysicians could see the field of Shungite connected to the Quantum Field through the molecule C60 rotating at over 20 billion times per second. The resulting energy field overpowers toxic molecules rotating in a way that is harmful to the health of all living things. A toxic molecule loses molecular cohesion, breaking apart into the individual atoms comprising it.



EM/WiFi/Radiation fields being energy only, simply undergo a reversal of rotation without loss of signal strength.



9. Q: Do you have to clean and recharge Shungite?

A: Except for an initial washing to remove Shungite powder and anything else that might be on the nuggets, neither cleaning nor charging is ever required. Shungite’s surface accumulates dust during processing and shipping. We recommend keeping the water used to clean off the dust to put on plants. Why clean something that cleans water, soil, and air? Shungite is, after all, linked to the Quantum Field and there is nothing more powerful than that, which is why it also does not require recharging.



Kirlian photo by Sofiya Blank

10. Q: Why are three nuggets recommended to energize water?

A. From the beginning, we were aware that each nugget and, in fact, each particle of powder, has a unique signature beyond the base Shungite energy. When any three pieces or particles get within range of each other, their fields create a secondary field that is “coherent” or

has added stability. The Kirlian photograph of geometric shaped Shungite pieces demonstrates that secondary field. You can see the individual fields and an additional field linking three pieces of Shungite together.

11. Q: What is a Shungite grid and how do I make one?

A: A “grid” is a term used in energy work to indicate different sources of energy being brought together for some specific purpose. Most known is a pattern made up of different crystals and minerals. In a Shungite grid, Shungite is being used. When applied to the “Shungite World Grid”, it indicates Shungite is being placed all over the world and the “grid board” is Earth itself. Individuals have been placing Shungite anywhere they get the urge to do so. To find out more search “Cosmic Reality Shungite World Grid.”

DRINKING WATER

12. Q. What is the difference between “Shungite Water” and “Shungite Energized Water”?

A: Using three Raw Shungite nuggets, either wrapped on a pipe or in a drinking container, creates “Shungite Energized Water”. “Shungite Water” is created using a pile of nuggets; takes 48 hours to activate; needs recharging monthly; and has to be replaced every six months. The difference is one of perception. We look at a universe comprised of energy. Others see a materialistic and chemical universe.

13. Q: What is “Shungite Energized Water”?

A: Shungite Energized Water has its water molecules excited by a Shungite Energy Field. The water molecules instantaneously begin spinning and become “alive” energetically.

Water flowing freely in nature has a spin at the molecular level. You can clearly see water moving and churning while in the stream. When you take a sample out of the stream, at the molecular level there is still movement. The water is essentially alive even outside the stream. But sooner or later the water will lose the molecular spin and at the energetic level the water becomes lifeless.

When this lifeless water is in a pipe connected to your house and it encounters a Shungite energy field, the water molecules entering the field begin spinning and become alive. Every water molecule in the Shungite field begins spinning and the field can go out a number of feet depending upon the carbon content in the Shungite.

In actuality, the Shungite energy field does not have to be very large. The Shungite field is connected to the Quantum Field where proto-energy continually fuels the powerful spin of the Shungite field. Molecules of water begin spinning and influence the surrounding molecules through the concept of resonance. Energy fields with similar frequencies begin to vibrate in unison. If you strike the middle C on a piano, all the other C notes begin to play but do not affect the music. The strings are not vibrating loud enough to be heard, but they can be seen “resonating” with the note that was struck.

The first water molecules entering the Shungite field begin spinning. The resonance frequency causes any other water molecule in close proximity to also begin spinning. This continues layer by layer back up the pipe or down the pipe until encountering a valve. You do not have to have a Shungite field where all the water is within it. Sympathetic Resonance begins with water molecules inside the field; but resonance expands the energetic reaction beyond the Shungite field.

Shungite spinning, energized water has a tendency to feel softer. Softer water has fewer minerals that form calcium or magnesium salts which leave a "soap" film in the shower or bath tub. Hair also has a more desirable cleansing in soft water because there are fewer of the insoluble deposits left on the hair. Using a Shungite water supply results in far less or no deposit build-ups, as testified by our customers.

The indication of softer water and therefore of fewer minerals in the water is another sign of Shungite's ability to detoxify water. The Shungite energy field is so extremely powerful that any toxic energy field from a molecule dangerous to life begins to reverse. This reversal of the spin of the energy field of the toxic molecule causes the molecule to lose its cohesion and break down into harmless atoms.

14. Q: How many Shungite nuggets should I use to “energize” my drinking water?

A: Three Raw nuggets placed in a container of drinking water is all you will need. To energize your home's water system, put three small to medium-sized nuggets on the **cold** water intake to your water heater using tape to hold the nuggets to the pipe. The nuggets do not have to touch each other, but they do need to be near each other. Normally the cold water and hot water pipes at the heater are close enough that the nuggets will energize both pipes. We recommend the cold pipe for the nuggets as the hot water pipe will cause the tape to deteriorate.

15. Q: Why do you recommend nuggets in the toilet tank?

A: The resonance effect is lost when a valve interrupts the physical connection of the water molecules. When the

valve in your toilet tank stops the flow of water and the connection to the energized water molecules, the water in the tank will eventually lose its spin. We recommend putting three nuggets in the water tank in a corner of the tank.

16. Q: Is it better to use Raw Shungite or Elite Shungite to energize my drinking water?

A: We recommend using Raw Shungite large enough to avoid them being swallowed accidentally. Elite Shungite is not necessary, nor is it necessary to use any more than three nuggets. If you use a glass container, make sure it is strong enough to withstand the nuggets bumping around as the container is used.

17. Q: Is it OK to use the Shungite nuggets in water in a plastic container? Other websites advise against, but I see no mention one way or the other on yours.

A: My read on Shungite is that even in a plastic container leaching chemicals, which I would never use without Shungite, Shungite can transmute those toxins. My personal feeling is using Shungite in plastic is fine when it is the best option for travel (do NOT allow the plastic to heat up in a hot car). However, others would say do not take a chance and never use plastic. Glass is the recommended container. Many glass containers now have silicon covers that will help in case of accidental glass breakage but you can also purchase them separately; search for “silicon glass covers”. There is evidence that metal containers can potentially flake off small particles that should not be ingested.

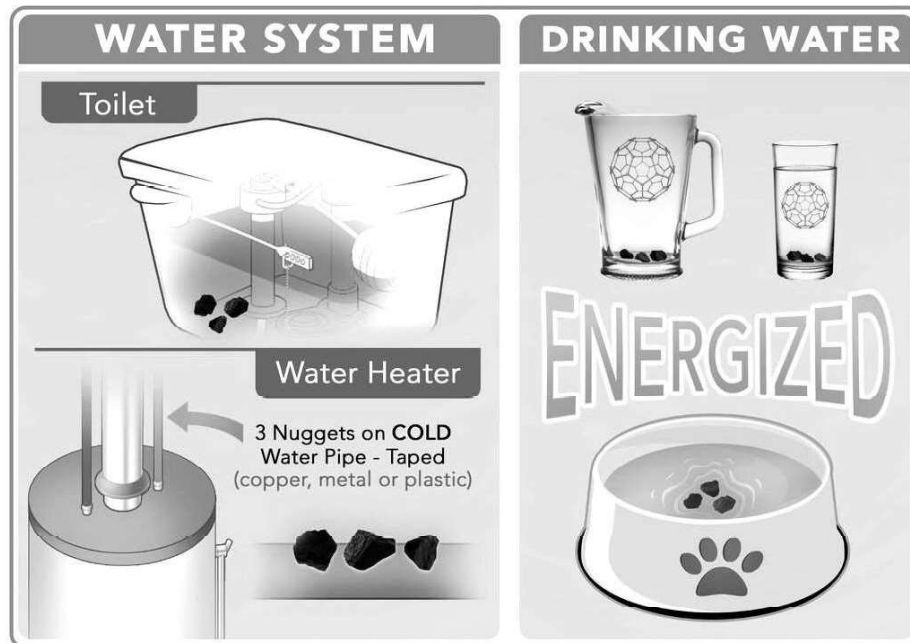
18. Q: Does the PH change in Shungite Energized Water?

A: This seems to be an “urban legend”. It appears to come from a Shungite Water Purifier company that makes the claim, which has gone on to be widely shared. The manufacturer wanted to sell another addition to their product that would keep the PH alkaline. Numerous tests of the PH, with from three to a handful of nuggets and with Shungite powder in the water, have NEVER seen the PH change one way or the other.

19. Q: Do you have to clean and recharge Shungite?

A: Neither cleaning nor charging is ever required of Shungite. What will recharge that is more powerful than the Quantum Field that fuels Shungite? And what would you use to clean something that itself cleans water, soil, and air?

20. Q: Can Shungite energize an entire water system in a home?



A: Yes. Three Shungite nuggets taped next to each other on a water pipe will energize all the water in the pipe. This solution is really only recommended for the cold water pipe because the tape will deteriorate on the hot water pipe. Any time water flow encounters a valve that is closed, the water on the other side of the valve will not be Shungite energized. Each toilet should have three medium-sized Shungite nuggets in the tank to keep the toilet bowl clean. There is also a valve on the hot water tank. When the cold water fills the tank a valve shuts the tank off from the cold water. Thus, the water in the tank is no longer Shungite energized water. To rectify this and to keep your water heater running more efficiently we recommend a Shungite S4 magnet be placed on the hot water tank itself.

21. Q: Why are the Shungite nuggets in my aloe vera drink shrinking?

A. Shungite nuggets will gradually “disappear” in water or Aloe Vera, as the surfaces of the nuggets are worn away. It takes a long time in water. There may be something in the Aloe Vera making it happen faster, as you are the second person to note this, or perhaps you were just more observant.

22. Q: Water Wells and Shungite

A: You can make a noticeable difference to the quality of well water by adding Shungite nuggets or devices to the system. Try just taping three medium-sized nuggets to the intake pipe to the house and notice any changes. If you see no changes or want more of an improvement, contact us for a consultation on further options.

23. Q: Swimming Pools and Shungite

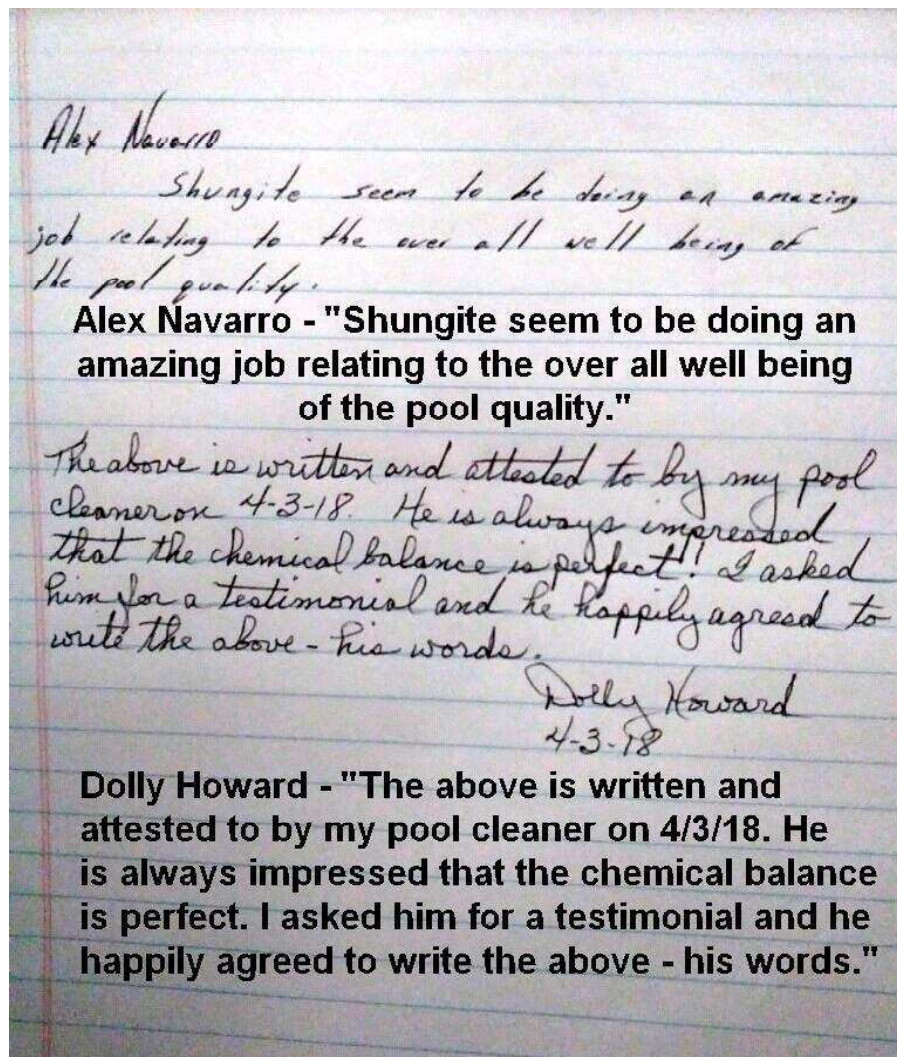
A: We simply do not have enough reports to adequately

answer this question. If I had a pool, I would put three larger nuggets in the bucket that catches debris. Shungite nuggets will be worn down in flowing water, so keep an eye on them.

Shungite Water Turtle



We do have an energy device based on Shungite that Dolly Howard has in her pool. Dolly has enjoyed her energized pool for a couple of years. And this is a testimonial by one of her pool technicians.



Alex Navarro

Shungite seem to be doing an amazing job relating to the over all well being of the pool quality.

Alex Navarro - "Shungite seem to be doing an amazing job relating to the over all well being of the pool quality."

The above is written and attested to by my pool cleaner on 4-3-18. He is always impressed that the chemical balance is perfect. I asked him for a testimonial and he happily agreed to write the above - his words.

Dolly Howard
4-3-18

Dolly Howard - "The above is written and attested to by my pool cleaner on 4/3/18. He is always impressed that the chemical balance is perfect. I asked him for a testimonial and he happily agreed to write the above - his words."

The Water Turtle is an energy device. It radiates a frequency tuned to the frequency of pure water. It was designed by Walt Silva after we discovered a similar “radionics device” was used to clear lakes in Europe.

24. Q: *Shungite in the Garden.*

A: There are numerous reports of Shungite doing amazing things with plants. You can scatter nuggets around (in groups of three nuggets). Putting nuggets in a water sprayer used to spread fertilizer has also been reported as beneficial. Another option is to put a teaspoon of Shungite powder in the water sprayer. Using the powder spreads the Shungite around and each particle of powder has its own powerful field. When using the nuggets in the sprayer, you are adding energy that will eventually dissipate. The powder being spread has a longer residual effect, until the powder breaks down into individual atoms from “wear”. Repeat the spraying whenever you remember.

25. Q: *What impurities are removed from water by Shungite?*

A: Theoretically, Shungite transmutes molecules of toxins, radiation isotopes, and anything toxic to life with an energy field rotation contrary to what is a natural life-supporting spin. The following list is a basic one.

Shungite purifies water by removing:

- ✓ Iron
- ✓ Manganese
- ✓ Phenol
- ✓ Chlorine
- ✓ Nitrates and nitrites

- ✓ Free radicals
- ✓ Bacteria and microorganisms
- ✓ Bad odors
- ✓ Color
- ✓ Turbidity

Source: <https://shungit-store.com/>

26. Q: Why did my glass drinking container break when I put the nuggets in?

A: The glass was not strong enough to withstand clunking nuggets. If you are concerned about the nuggets breaking the glass, just put the three nuggets up against the outside of the glass. Alternative ways of energizing water are to use the Shungite S4 laminated sticker as a coaster or we also offer Shungite coasters. The water will be energized the same as if you had put nuggets of Shungite in the water.

27. Q: Why three nuggets in a drinking container?

A: Three nuggets of Shungite in any size drinking container, including pet drinking bowls, creates a “coherent” field that is more stable and energetic. The coherent field created by three nuggets is capable of creating Shungite Energized Water in any size drinking container. When any three nuggets or particles get within range of each other their fields create a secondary field that is “coherent” or has added stability.

28. Q: Why do you stress the use of three nuggets and also say size does not matter?

A: This is based upon a combination of quantum science and observations by energy sensitive people. It boils down to the three nuggets creating a “coherent” energy field. Think of it as just being more stable. The size of the individual nuggets does not matter. The critical decision

regarding size depends on what you are using it for and what size works best for the application.

29. Q: Does Shungite Energized Water lose its charge?

A: Yes, but only when disconnected from the Shungite Nuggets. If you have a big container of water and nuggets and then pour the water into a small personal water container without Shungite, the water will lose its spin. For the same reason we advise putting nuggets in pet water bowls.

We proved this when we realized that the toilet tank was being disconnected from the Shungite Field every time the valve turned off the water. The valve was separating the tank water from the Shungite-charged water supply. Without the charged water in my tank, a brown goo had formed inside the tank. I also had to clean my toilet bowl a minimum of once a week. After adding three nuggets to the tank, I hardly ever need to brush the bowl because the tank does not have the brown goo.

30. Q: Why is the greasy film that used to end up on the dog bowl no longer there since adding Shungite?

A: You are talking about "biofilm". Biofilm is the result of microorganisms that can be bacteria, fungi or protists growing on the side of the bowl. One other example of biofilm is dental plaque. It is not hard to imagine how dental plaque bacteria in the pet's mouth feeds the biofilm in the bowl. This is one of the examples that show Shungite is working. Toxic microorganisms that should not be in the water are simply destroyed in a Shungite environment and no biofilm, which is the greasy covering on the bowl, is created.

31. Q: Why do I have mold growing in Shungite Energized Water?

A: This question came up twice. Without being able to conduct tests, my only answer is that the mold is not toxic. The term “toxic mold” is not accurate. While certain molds are toxigenic, meaning they can produce toxins (specifically mycotoxins), the molds themselves are not toxic, or poisonous. One complaint was of mold in Shungite sweet tea and the other was of mold in cracks at the bottom of a porcelain container.

32. Q: Why do I have rust on my nuggets?

A: The National Science Center Kharkov Institute of Physics and Technology (NSC KIPT) determined the composition of both Elite and Raw Shungite. Eleven different elements were listed as significant. In both types of Shungite, carbon is the most plentiful. While the Elite list does not include iron as part of its composition, the Raw Shungite lists iron in the 11th place. It is the iron that turns to rust but it is not dangerous.

33. Q: Is it true that metals in Shungite can leach into my water?

A: If this was true, Shungite would be poisonous. Instead, the water in the Shungite Mother Lode can be used for drinking without any prior cleaning! Furthermore, they use Shungite in water purification systems without any build-up of toxins. While we have not directly tested Shungite Energized/Shungite Water, it is likely that the various university-sponsored research into Shungite have. There are no credible sources to suggest that this is cause for concern.

SHUNGITE AND ELECTRO-MAGNETIC RADIATION

34. Q. Is there any proof your stickers actually work?

A: It depends on what you consider “proof”. Since May 2014 we have had thousands of customers compared to less than a dozen requests for a refund. We have a 100% guarantee, no questions asked return policy.

When we finally found someone who could use thermography to look at a cell phone with and without the Shungite S4 sticker, we saw the first measurable effects. Thermography reads heat. A transmitting cell phone without the S4 sticker caused massive heating up of the head area and the hand that was holding the cell phone. After the same phone had an S4 sticker applied there was a drastic change. There was still some heating up but nothing comparable to the phone without the sticker.

When Walt Silva saw the images he said to me, “This proves you were right.”

I asked him what he meant and he said, “These stickers were designed based upon your ability to see and feel energies. The thermography photographs demonstrate that your interpretation of the energies is correct.” If I was right then all the other people who claimed to feel the difference in the phones are also right.

We know of many ways to obtain empirical analysis of the effectiveness of the stickers. However, the cost of conducting this kind of research has been beyond our ability to afford.

35. Q. Can S4 Stickers be placed on cell phone covers or do they have to be attached to the phone itself?

A: Yes, the S4 Sticker will have the same effect if it's on either the cell phone itself or the cell phone case and can also just be slid under the case without sticking.

36. Q. *If I am wearing a pendant or carrying an S4 sticker, I assume that I am protecting the people around me as well as myself. Can you say anything about how large an area is protected?*

A: A certified quantum physicist has stated that Shungite radiates an energy field that goes out many feet depending upon the purity of the Shungite, and they have a way of measuring it beyond our current ability. I would think a distance of 2 feet is a working concept for just the nuggets alone. However, our pendants are energy devices and the energy field would radiate at least that far, and in my opinion at least 6 feet.

37. Q: *Does using more than one S4 Sticker increase the protection?*

A: On August 21, 2019, the Chicago Tribune newspaper published an article entitled “We tested popular cellphones for radiofrequency radiation. Now the FCC is investigating” by Sam Roe. This article also resulted in a federal class-action lawsuit against Apple and Samsung, because of the results of the test.

The lawyers behind the lawsuit filed simultaneously in California, Illinois, and Iowa. The charges as summarized by The Chicago Tribune on August 29th:

— alleges that the phone makers “intentionally misrepresented” the safety of their devices, assuring users that the phones had been adequately tested and “were safe to use on and in close proximity to their

bodies.”

The complaint, which alleges “negligence, breach of warranty, consumer fraud and unjust enrichment,” seeks an unspecified amount of money and medical monitoring for anyone who bought an iPhone 7, iPhone 8, iPhone X, Galaxy S8, Galaxy S9 or Galaxy J3.

Engineer Mark Steele, a British Court Certified authority on electronic devices, stated that to obtain the 500% increase demonstrated by the testing cannot be an accident. That much power increase would have to be built into the device.

The S4 Sticker was designed to attenuate 4G (and below) signals at power emission levels set to a standard known as the Specific Absorption Rate, or SAR, which must be under the federal safety limit. To have it reported that, “phone makers ‘intentionally misrepresented’ the safety of their devices” that could be 500% over the federal limits of SAR is unnerving at best.

The Shungite Smart Sticker was designed to be used on the Smart Meter and required a more complex sticker with three times the amount of Shungite set in a geometric pattern. With what has now been made public concerning cell phones and that all “Smart Devices” are not what is being advertised, I personally recommend using the Shungite Smart Sticker on all the suspect phones. The S4 Sticker alone will attenuate the signal into biologically compatible energy, but that much unnatural energy, although biologically compatible, is not a good thing. By using extra stickers, either S4 or the Smart Sticker, the field

will be imbued with Shungite energy making it more tolerable and more natural.

38. Q. ...why do many say that a pyramid shape is the most effective for the emf blockers?

A: Traditionally, geometric forms are more energetic, with the pyramid being at the top of the list. While Shungite in any form does “block” electromagnetic radiation, the waves still continue to travel around it. Shungite’s field, on the other hand, can attenuate signals by causing their fields to reverse rotation to become biologically compatible.

39. Q. Why is there NO change in my meter after adding Shungite Stickers?

A: Meters measuring electric, magnetic or radio frequencies, including WiFi, do not detect the change in the rotation of the EMF/WiFi signal, which is called “attenuation” and results in a harmful signal becoming biocompatible. Shungite stickers do not block or absorb RF energies, otherwise the cell phone would not work well or at all. There is not a meter available to measure this spin change. It is energy-sensitive people who understand what is happening and have developed easy to use products to capitalize on what we observed.

40. Q. Is Bluetooth safe and if not can Shungite help?

A: "Bluetooth radiation has been even less studied than cell phone radiation. The lack of any formal studies has enabled the ‘experts’ to claim that Bluetooth radiation is safe. This claim is based not on research proving Bluetooth radiation safe, rather on a lack of research proving it to be unsafe – but that is changing quickly." SEE MORE: <https://www.rfsafe.com/bluetooth-radiation-dangerous-cell-phone-radiation/>

The fact is, Bluetooth safety claims are based upon it NOT being proven unsafe. BUT it has NOT been proven safe. Bluetooth is dangerous because, like regular WiFi, it transmits using Radio Frequency (RF) Radiation.

The Bluetooth device typically emits lower power (and thus it has a short range). However, these devices are normally used for long periods while being secured to the body, such as headphones, earphones, and watches. My advice is to consider these devices just as dangerous as cell phones, especially if the device is a "SMART" device. Use S4 Stickers or, if more practical, we offer Shungite paint that can be dabbed onto a small device.

41. Q. Is fiber-optic safe?

A: "**Fiber-optic cables PRODUCE NO EMF**" – it is light energy, not electromagnetic energy. In fact, because fiberoptic has no EMF, it is used in network cables around MRI equipment in hospitals. Fiber-optic cables are non-metallic", they are made of Lucite or "flexible glass", therefore, NO EMF can come from fiber-optic cables. They can be used to upgrade telecommunications at lower costs and without the inherent dangers posed by conventional communications technology and 5G technology.

42. Q: You said 15 grams of Shungite nuggets would make the electric system become not harmful. Is that still true?

A: We originally were only working with the nuggets and at 15 grams of nuggets the electrical system in a home would change rotation. However, as time passed, we realized Shungite powder was more energetic than nuggets and came up with the Bucky Bandid.

Then we realized that every secondary electric-powered

motor (because of its wiring) was also creating a toxic energy field. Thus, we recommend that every secondary motor in devices used often, such as hairdryers, vacuum cleaners, and even larger appliances, should also have the Bucky Bandaid.

We recommend S4 magnets for the larger appliances, to obtain energy savings, but the Bucky Bandaid is sufficient to attenuate the electric signals. Another reason for using the S4 magnets and even the S4 Sticker is to create a more intensified Shungite Field within the home. Even when an electrical signal is biocompatible, it is still not a natural energy field. Saturating the fields with Shungite is a more preferable environment.

43. Q: Is a Bucky Bandaid Sticker or three nuggets enough to attenuate the electric system?

A: We assumed that when the electric system in the house was attenuated, all the electrical devices would be emitting energy fields that were also biocompatible. We discovered this was not true. With every **secondary motor**, such as a hairdryer, washing machine, electric stove and any other electrical device, the resulting energy field is in a toxic rotation. **You have to add another Bucky Bandaid to the device (the cheapest option). S4 Stickers and magnets can also be used.**

44. Q: Why do you now say, “There is never enough Shungite”?

A: It was not immediately, but after working with many versions of Shungite from nuggets to various powders and stickers, I began thinking Shungite was doing more than just attenuating EM/WIFI signals. The Shungite energy field morphed the EM/WiFi fields into biocompatible frequencies,

but it was still not a natural energy field. A breeze is not destructive but hurricane winds can destroy buildings. There are different amounts of EM/WiFi energies emitted depending upon the device and even on the strength of the WiFi signal. These energies are not natural regardless of being biocompatible.

It became apparent that these unnatural signals could be imbued with the Shungite energy signature. It appears the unnatural EM/WiFi energy fields become carriers of the Shungite field as if the Shungite field was being fueled by the EM/WiFi. This same effect is what I saw with an S4 Shungite Magnet on the refrigerator, which would make the kitchen energy shift drastically to a soothing energy field. The new energy field was a composite of Shungite, magnetic, electric, quantum, and orgone energies.

We have Shungite paint, electric outlet covers, and any of the stickers or magnets that can be used to add Shungite to the home energy fields.

45. Q: What does the Shungite Refrigerator Magnet do?

A: The magnet works with the Shungite field to create an apparent torsion field inside the refrigerator. This enhanced field radiates into the surrounding environment. Inside the refrigerator the food lasts longer and vegetables will tend to wilt and dehydrate instead of getting mushy. It appears that toxins in the food are actually transmuted out of the food and the food is enhanced. With attenuation of the electric system of the refrigerator - particularly older ones - there is more efficiency (the refrigerator will get colder and the thermostat will need to be made warmer). Newer, more efficient refrigerators have a less impressive decrease in electric bills.

45. Q. In a situation with two refrigerators side by side, and a freezer opposite them about 3 feet away, would each appliance need a magnet, or would one magnet cover them all? Or one magnet for the two fridges and one for the freezer?

A: Each one requires a magnet. The key to the magnet is it uses the steel structure of the refrigerator/freezer to create an energy field around and inside the refrigerator.

46. Q. Will Shungite protect me from 5G?

A: No, Shungite cannot protect you from 5G technology. Shungite protects against the technology referred to as 4G that is not the same technology referred to as 5G. See further discussion in the Miscellaneous Section of this chapter.

47. Q: How do I know you can be trusted? I have recently become aware of Shungite and what it is capable of. I am also aware, painfully so, of all the fraud surrounding the emerging "protect yourself from EMF" industry here in the US. I have a basic need to first ensure that what is stated is true and that I am not sending my hard-earned money down some stupid rabbit hole. I would like to try this mineral for myself before spending any money on it. Can you assist me in this regard?

A: I Understand your hesitation. We provide a 100% money back guarantee on all of our products. Out of many thousands of orders less than ten refunds have been requested. We have been in business since May, 2014. In addition, our products are unique and have testimonials and are backed by real science. While we could send you some nuggets or a sticker for you to try, if you do not have

critical health problems and are not energy sensitive, you will not feel a difference even if you are being protected. We are real, the dangers are real, and Shungite is real. But you have to come to that conclusion on your own.

A: **By Rod Huff**, a customer and supporter: “1) *You need to briefly peruse the Cosmic Reality web site for a few minutes - essential imo. I can be a smart ass, but in this instance I'm being sincere. The Cosmic Reality database is essential to read before embarking on the Shungite voyage.* 2). *You need to go to math class and do your math homework if you want to utilize math in your life. Same goes for Shungite imo. This is step 1 of an incredible Shungite Shaman journey. IMO you can't skip step 1.*”

C60 MOLECULES

48. Q: *How many C60 molecules are in a Shungite nugget?*

A: It depends on where in the Mother Lode the nugget was mined. Within the Karelian Shungite field, there are different amounts of carbon. The more carbon the more chance of having C60 molecules. But even with zero fullerenes the Shungite still does the same job. I know that sounds wrong because we place so much emphasis on the C60 molecule and it being the explanation for the magic of Shungite. The fact is, even the smallest fleck of Shungite does what is claimed. Every fleck of Shungite is attached to all other flecks due to Quantum Entanglement. Elite/Noble Shungite, because of high carbon content, has the most C60 molecules. Whether or not a C60 molecule is in a particle of Shungite, the signature energy field of Shungite is the same.

49. Q: *Is C60 in Shungite the same as laboratory*

created C60?

A: Absolutely not. The C60 in Shungite was created during the time it took for the Shungite to be created in outer space and then to travel to Earth. Shungite C60 is imbued with energies of a cosmic source. Lab-made C60 is just that; something made in a laboratory. At the 3D level, both types may appear and act similarly but at the energetic levels there is no comparison.

SHUNGITE WEAVE AND THE SHUNGITE WORLD GRID

50. Q: What is the Shungite Weave?

A: Every piece of the Karelian Shungite deposit is linked to every other piece. Whether or not a C60 molecule is in a particle of Shungite, the signature energy field of Shungite is the same. That energy field now encompasses the entire planet and is referred to as the "Shungite Weave". Shungite works whether or not it has a C60 molecule because of this connection. There are weaves of pine trees, and coconut trees etc., that all belong to the bigger energy weave of the "Tree Weave". There is a "Water Weave" and a weave for every version of life.

51. Q: What is the Shungite World Grid?

A: This is a project where individuals place Shungite nuggets and/or devices in areas they are inspired to gift with Shungite. By doing this we are tying in with the Shungite Weave while creating a secondary weave incorporating human thought focused on gifting Shungite to the Environment. Search "Shungite World Grid".

ROUNDUP, MOLD & OTHER TOXINS VS SHUNGITE

52. Q: Can Shungite destroy Glyphosate (Roundup)?

A: We do not have empirical proof that Shungite works on glyphosate in the same way it works on other toxins. This kind of research is beyond our financial ability to conduct at this time. However, we have a story that shows this...if you believe that metaphysical observations can be accurate. Here is the story:

Janet had 7 acres she leased out only for the growing of hay. Her old tenant retired from farming and the new tenant was growing hay. Now, who would imagine that you are growing hay and you decide to put Roundup on it? I am not sure I ever heard how Janet found out this had been done, but when she realized it, she was in a total meltdown. Janet knew, from alternative news, that the claim by the industry that the glyphosate in Roundup disappears within a few days or a couple of weeks was bogus. Maybe she had read something like this:

“Glyphosate was initially thought to break down in the soil very quickly. Researchers thought it was gone because they couldn’t find it by itself in the soil, but now we know that it persists by binding with essential nutrients. Soil biology does eventually degrade glyphosate, but researchers think it takes a while. One study showed Roundup persisting in clay soils for over 20 years.” - <https://farmingsweetbay.wordpress.com/2011/12/17/getting-roundup-out-of-our-farms-soil/>

The only hope Janet had was to use Shungite. She walked around the 7 acres dropping Shungite nuggets along its edges. She knew about us and talked to Derek asking, “Will this work?” Derek said yes. But Janet asked to also speak with me.

Janet could have gotten chemical analysis costing \$1000 for a chemical test for glyphosate. But one test would not have provided proof, as she would have to know exactly where the chemical could be located within the 7 acres. I suggested she find someone who does muscle testing, which would allow many tests to be conducted over the 7 acres.

What is muscle testing? Those knowledgeable about energy healing use muscle testing as a way of diagnosing the health of the body. It can also be used to determine how the body is responding to stimuli from the environment or other elements such as food to detect food allergies. For those not familiar with the basics of energy healing, this undoubtedly sounds “woo woo”. From the standpoint of energetology it makes complete sense. The bioelectromagnetic fields of energy that comprise the blueprint of the physical body have a vast potential for providing information on every aspect of the physical body. Tapping into the information is done by many energy healers in many ways including muscle testing, which is also referred to as applied kinesiology or biomechanics.

Janet knew someone who used muscle testing in her practice. When this woman tested for toxins in the soil, the muscle testing indicated there were none.

There was also a small stream running through the property. Janet took two containers of water from the stream. In one container she put 3 Shungite nuggets (making sure to keep the containers away from each other). Muscle testing showed the Shungite Energized Water was pure but the other water was toxic.

Janet took the nuggets out of the one container and dropped them in the toxic water. Immediately they did

another muscle test. The tester was totally stunned when the water that was toxic a few minutes before was now pure from the addition of 3 black stones.

53. Q: *Can Shungite eliminate Mold and Biofilm?*

A: Jason Tetro, microbiologist, and author of *The Germ Files* states that there are two types of mold. One type is mold spores in the water itself, the second is biofilm easily seen in dog water bowls as a slick, oil like film on the sides of the bowl. The same biofilm can come from a human mouth and be left in whatever water container you are using. Add warmth to the humid environment containing either mold type and you will have mold growth. Add sugar and the growth will accelerate.

We have had three reports of mold growing in Shungite water/Shungite Energized Water. We continually have confirmation that the biofilm in animal water bowls does NOT happen when three Shungite nuggets are in the bowl.

One complaint about mold was in Shungite Energized sweet tea, another was in the cracks of a porcelain container, and the third in a reusable container left for days uncleaned. It is unlikely these are caused by biofilm but mold spores in the water could be the cause. It is not the mold but the mycotoxins it creates that are toxic to humans and animals. My opinion is the mold seen in these situations may have been there but the mycotoxins were probably not there. More research is required.

54. Q: *Why do I have Algae in my Shungite swimming pool?*

A: Algae grow in water and are therefore aquatic organisms that have the same ability as plants have to conduct photosynthesis (creating carbohydrates out of sunlight).

There are vast numbers of algae and some are critical to our existence. Half of the oxygen in the atmosphere is produced by algae and they are the source of food for other aquatic organisms. It is not surprising that two swimming pool owners reported algae actually becoming more of a problem upon adding Shungite to the pool. Some algae would not be affected by a Shungite field as they are not toxic molecules nor toxic organisms. Algae “blooms” or excessive growth is a result of nutrient pollution, where an excess of nitrogen and phosphorus stimulate algae into unrestrained growth.

Except for the two reports of algae in a pool with Shungite, all the other reports indicate Shungite does for swimming pools what it does for drinking water. This is another subject requiring more research.

ELITE/NOBLE VS. REGULAR SHUNGITE

55. Q: What is the difference between Elite, Noble and Regular Shungite?

A: The regular, Grade B/2 or what we call “Raw” Shungite that we use produces an energy field more compatible with the 3D, such as your body. Elite simply has a different energy that many prefer for whatever reason.

The best I can figure out is that when “Elite” is used the Shungite has a brownish color whereas “Noble” is on the dark black side and may be another name for “Petrovsky” Shungite. By any name it is the same basic mineral makeup and we will only refer to it as Elite Shungite. Elite is mined by hand because it is found as veins within the Shungite field and is relatively fragile. It is very costly to mine and therefore the first to be targeted by fraudulent people. I have compared Elite to two common coal types,

Anthracite and Bituminous. I could not find anything visual to distinguish the Elite from the coal.

We do not sell this “Grade A Shungite’ in any form and all our science is based upon the “regular” or “Raw” Shungite. Essentially, the darker black the stone the more carbon, and more carbon indicates more C60 Fullerenes.

But C60 is only one component of a very specific mix of minerals and cosmic energies. There is a “Quantum Entanglement” with Shungite that links every single particle of it back to the Mother Lode in Karelia. Whether or not your Shungite has a million C60 molecules or none - its effects worldwide are the same.

“Quantum entanglement is a physical phenomenon that occurs when pairs or groups of particles are generated, interact, or share spatial proximity in ways such that the quantum state of each particle cannot be described independently of the state of the other(s), even when the particles are separated by a large distance.”

PENDANTS

56. Q: Under the Cosmic Silver Enhanced Pendants section there are several differently-priced options from \$105 - \$175. If the silver-enhancing technology is the same for all of them, what is the reason for the difference in price? Size of Nugget?

A: It is the size of the nugget. And I will point out that with Shungite, bigger is not necessarily better. However, some people just like more Shungite. The reason Cosmic Silver pendants are more expensive is that nano silver is embedded on the surface during tumbling with pure silver. The silver migrates into the nugget. Obviously, the larger the nugget, the larger the amount of silver covering it. Thus,

much of the price difference is due to the amount of silver going into the Shungite.

57. Q: Can a person wear or surround themselves with TOO much shungite? For example: Can I wear a bracelet, necklace and put it in my shoes? And can I also sleep with nuggets in my pillows, and drink the water without negative effects or are all of them canceling each other out?

A: There is never enough Shungite and Shungite links up with all other Shungite to create a more coherent energy field. It is the same reason we suggest always using at least 3 Shungite nuggets for most applications.

58. Q: How is a wire wrapped pendant made?

A: The Shungite wire wrapped pendants we produce are Energy Devices worn as a pendant. To be able to wrap them you have to be energy sensitive. Orgone Energy flows through the wire in one direction. Energy also flows through the nugget in one direction. You have to be able to determine the flow of energy to merge the Orgone and Shungite energy so they are both flowing in the same direction and that must be from the ground up. As far as wire thickness is concerned, it must be no smaller than 18 gauge and it should not be a silver-coated wire or silver wire, as the silver will migrate off the wire and into the Shungite, unless you want that to happen.

59. Q: Why do you say your wrapped pendant is an energy device?

A: The wire attracts an energy called "orgone", as discovered by Wilhelm Reich. Orgone energy has been called prana, life force, ki, chi, mana, universal energy, the Source... essentially the life force of the Universe. When I

stated that energy flows through the wire, the energy is orgone. That is why it is important to be able to feel which direction the orgone is flowing. You want the orgone and Shungite energy to be flowing in the same direction. We wrap the pendants so the combined energy field is moving from the ground upward. The combined energy field works with bioelectromagnetic systems to create balance and stability. Your energy bodies become healthier and they comprise the blueprint for the physical body.

60. Q: What is the difference between the wire-wrapped pendant and a Cosmic Silver pendant?

A: Both pendants are wire wrapped as explained above. It is the nugget that is different. Early on we discovered that silver-infused Shungite created a more stable energy field. At the quantum level, what we call Silver Saturated Shungite connects to the quantum field and keeps the connection open. Raw Shungite, on the other hand, makes the connection in a pulsing manner, as if the door to the quantum field opens and shuts. Nuggets are put into a tumbler with silver and without the sand or grit normally used in tumbling stones. They are tumbled for three days until a layer of silver coats the nuggets and in fact infuses the silver into the Shungite.

Wire wrapped pendants with raw nuggets are less able to attenuate and produce biocompatible WiFi signals. Wrapped raw pendants used for animals that are in a Shungite environment are fine. Most humans, who have to go out into the real world that is without the protection of Shungite, should be using the wire wrapped Cosmic Silver pendant. The Cosmic Silver pendant is able to attenuate WiFi signals you may encounter anywhere outside a Shungite environment. Both pendants will balance and stabilize bioelectromagnetic energy fields.

61. Q: *How do I care for my Shungite Pendant?*

A: Regardless of which pendant you choose, you do not have to “recharge or clean” them, other than washing them off. It is perfectly safe to wear them in the shower or swimming.

62. Q: *What is the difference between the pendant and the bracelets?*

A: Every Shungite bead has its own energy field. Three beads will create a more coherent field. So a Shungite beaded bracelet is inherently more energetic than one raw nugget. There is also a current of orgone running through them. However, the orgone flow is vastly stronger in a wire wrapped nugget than in a bracelet of beads. The bottom line when choosing which one to use is what feels better to you. Or wear them both.

SHUNGITE POWDER

63. Q: *What is the powder used for and is there more than one type of Shungite powder?*

A: Shungite powder is collected during the processing of Shungite, such as sorting the sizes of nuggets. The powder is collected and sold. As it is based on Raw Shungite we call it Raw Shungite Powder. We also create saturated Silver Shungite Powder called “S4 Powder” directly out of the commercial Raw Powder. Typically the powder is used in gardens, added to salves/balms/lotions and in the making of energy devices. It is sold from the mine in different sizes from fine to coarse.

64. Q: *What is the best way to use Shungite in the garden?*

A: You need a garden sprayer that attaches to a hose or is one you simply fill up. In either case, you can use three nuggets or a small amount of powder. We recommend the powder because you are actually sprinkling particles of Shungite that will continue radiating the field. Shungite Energized water, if you are using it daily, is fine, but without being in the Shungite field, water on the garden will eventually lose its Shungite spin. How much powder to use is dependent upon how much power is behind the hose and/or how fast it feeds out of the container. The bottom line is you do not need much to get the effects, but the more the better. You can also just place nuggets around the garden.

65. Q: *Can Shungite powder be ingested?*

A: We work with Raw Shungite powder and the Shungite S4/Raw powder mix called “Shungite Bee Powder”. We do not recommend ingestion for obvious legal reasons. Even though we can certify our Shungite Powder is from the Karelian mines, the processing does not have “food quality” as a goal. When we have honey products with added powder, the powder used is obtained from the nuggets themselves, as surface powder is always at the bottom of the containers. In our products, there is a very small pinch of powder. You do not need to ingest the powder to obtain the benefits of Shungite. Is ingesting an added benefit? Perhaps, and if you choose to go there think in terms of each particle of powder being equivalent to a nugget.

66. Q: *How is Shungite powder used in health products?*

A: Take your favorite skin softener, moisturizer, wound ointment and simply add a small amount of powder depending upon the size of the container. In a 2 oz bottle,

this would be a “dash” of powder. Shungite likes energy fields and as long as you are using natural ingredients (each with their own energy signature) the Shungite will enhance their properties.

MAGNETS

67. Q: How are your magnets made?

A: Liquid plastic called resin mixed with S4 and Raw Shungite powder is poured into a mold and a neodymium rare earth magnet is added. The magnet is positioned with the north side of the magnet on the bottom. It is the north side that needs to be attached to the metal in the refrigerator, automobile, or anyplace else the magnet is attached. We have two types of magnets. One has a low profile we recommend for use in an automobile, but the various versions are interchangeable.

68. Q: What do the magnets do for a refrigerator?

A: On appliances, the combination of Shungite and magnetic energy connect to the Quantum Field and also to the electric system. Also, always present is the field of orgone energy. The combined fields create a spinning energy field inside the appliance that radiates out into the surrounding environment for at least six feet.

Studies developing the concept of torsion fields begun by Russian scientist Nikolai Kozyrev (1908-1983) have gone from being ridiculed to being accepted as serious scientific inquiry. It is likely that the spinning energy field created by a Shungite magnet on the refrigerator is a torsion field.

This field attenuates all EM/WiFi signals associated with the refrigerator. One result is that the appliance runs more efficiently. Not only is there less electric usage, the gas

used to create the cold temperatures is purified, allowing it to work more efficiently. In fact, you normally have to turn down the cold setting, as the increased efficiency results in the refrigerators being too cold, causing vegetables to freeze.

Inside the refrigerator, the energy field has similar effects to the energy fields discovered to be associated with pyramids. In a pyramid field, food is enhanced, with slower rotting and things do not turn into mush, as they seem to dehydrate. The same effects are observed in a Shungite refrigerator. An almost empty container of Half-and-Half (half cream and half milk) was still good six months after its expiration date.

69. Q: *What do the magnets do for an automobile?*

A: The steel frame of automobiles acts like a refrigerator with a Shungite magnet. The combined energy field of Shungite, orgone, electric and electronic signals, and the quantum field creates an envelope of protection inside the car against EM/WiFi signals and airborne toxins. It also takes impurities out of the gas and oil allowing for increased efficiency and higher gas mileage.

70. Q: *How do I attach the magnet?*

A: Always put the north side of the magnet against the appliance and any part of the car that is metal. In the newer cars with an amazing amount of plastic, finding metal to attract the magnet can be problematic. Door frames, the sliding brackets holding seats, and areas of exposed metal, like where the spare tire is stored, are typically connected directly to the steel car frame. See the Cosmic Reality website for pictures showing which side is north.

71. Q: *Does it matter which side of the magnet is*

attached to the refrigerator?

A: Yes! To get the beneficial torsion field inside the refrigerator, the north side of the magnet must be the point of attachment. See the Cosmic Reality website for pictures showing which side is north.

72. Q: Does it matter where I place the magnet?

A: Placing a magnet, whether on a refrigerator or other electric device, or an automobile, requires the north side of the magnet to be on the metal. In some refrigerators, the stainless steel exterior prevents the magnet attaching. We recommend you find someplace, even on the bottom or the back, where you can find metal to attach the magnet. We do not have enough information regarding what happens if you put it inside the refrigerator, but you can try it and hopefully report back. Does your food last longer? Is the refrigerator running more efficiently so you had to turn down the thermostat? Does your food taste better? In a car that has a lot of plastic, you still have to find metal. Along the sides of doors, the tracks holding the seats, or the area where the spare tire is stored is where you are likely to find metal.

73. Q: Is one magnet enough?

A: To provide basic protection and enhancement of refrigerated foods, one Shungite magnet is sufficient. To optimize energy savings and intensify the overall positive energy environment you can add up to three magnets. With more than three there is no notable change in energy savings.

There is never enough Shungite. When first starting out, I looked to find the least amount of Shungite that can reverse the spin to create biocompatible EM signals. Our products

are based on that goal. Still, there are other problems, like the electric system wires and outlets all radiating a field of EM radiation that is NOT natural. Shungite may make the signals biocompatible but they are still detrimental, although to a much lesser degree, because of the amount of unnatural energy you are being subjected to. If Shungite is added throughout the system, the biocompatible frequencies are enhanced. As the magnets are the most energetic way of introducing the combined fields, adding magnets to appliances will be beneficial but not necessary.

74. Q: Are there other uses for the magnets besides refrigerators and automobiles?

A: Shungite magnets can also be used on large appliances to make them more efficient and to spread the Shungite energy field. One good place is the hot water heater. This helps with energy efficiency and creates Shungite Energized Water inside the tank. A Shungite magnet on the natural gas intake pipe or the oil tank used for heating will take the impurities out of the gas or heating oil for more efficient burning.

MISCELLANEOUS

75. Q: What is the range of one Shungite nugget vs three Shungite nuggets?

A: We do not have empirical measurements. We tell people to think of the energy field of a single nugget as extending to 4 feet but I suspect it is much larger. A certified quantum physicist said they had measured the field using some tech equipment, and to be honest I did not know what he was talking about. He also said it depended upon the quality of the nugget. It was an odd conversation as he pioneered a product that is based on Shungite but never let that be

known to me until he retired as President of the company. He confirmed our science only by direct questioning.

Three nuggets create a secondary field that radiates out farther and Walt determined it was 7 feet. He also determined the nuggets must be within 2 feet of each other for the coherent field to engage.

76. Q: What do you mean when you talk about the 3-6-9 principle?

“If you only knew the magnificence of the three, the six and the nine... then you would have a key to the universe.” -Nikola Tesla

A: Many have tried explaining Tesla’s statement, with many conjectures. In our case, we were directed by guides to always use three nuggets. Walt had done a shamanic journey and connected with guides concerning Shungite. They said the three nuggets created a “coherent field”.

I did not pay attention to it. Then, while being a passenger in a car traveling down the highway through downtown Miami, my attention was drawn to this huge billboard. It was completely white with black lettering: **THREE IS COHERENT**. I am sure I was the only one to see it. The



spiritual guides gently leading us down the Shungite path can be very persistent. So we began recommending three nuggets because we were told to, LOL.

So, about three years go by and we are gifted Kirlian photographs of Shungite by Sofiya Blank, the Russian scientist who took them. Kirlian Photography is a technique



that is able to catch subtle energy fields as a photograph. In the photograph you can see the energy fields of the different geometric forms made out of Shungite. What you can also see is a secondary field connecting three of them. That secondary field is the coherent field. What is it? Well, the opposite of coherent is incoherent and we know what that means.

Then Derek Condit started the World Shungite Grid by driving 4,000 miles and throwing Shungite out the window. This began a trend and today there are over 129,083 views of the map locating places where people have gifted Shungite to nature. Many knew the rule of three nuggets and we began realizing that if you placed three nuggets near another grouping of three nuggets an energetic connection manifested. And when you added a third group of three, another even more energetic stable energy field was created.

77. Q: Does Shungite heal?

A: We make two claims regarding Shungite healing. The first is that in a Shungite environment and its attenuation of EM/WiFi signals, all biological forms from humans to plants will be healthier, and overall health will be enhanced with Shungite Energized Water eliminating toxins and spinning the water to make it more useable by the physical cells.

The second claim is that Shungite can stabilize and break down energy blockages in the bioelectromagnetic bodies of animals and humans. This allows for physical healing. Simply getting into a Shungite environment and using

Shungite personal protection energy devices, such as our wrapped pendants, helps people heal because their energy bodies are being enhanced. People using many modalities of energy healing find Shungite enhances their efforts.

We do not make claims of specific healing attributed to Shungite. What we do is report observations and stories from our customers. All we do is supply a variety of energy devices created by using Shungite in a multitude of ways. It is up to the individual to decide what is right for them. Please see Chapter 2 for Customer testimonials.

78. Q: Is it true Shungite phones can be used as a healing device?

A: This concept came from customer testimonials. They did have stories of apparent beneficial results by using a Shungite cellphone to send healing energy. There were a few of these reports for different healing situations. However, there are simply too many variables at play to feel safe recommending electronic devices with Shungite be used as a healing modality. I would still be very cautious. In the Fall of 2019 Apple and Samsung were sued for having phones 500% over the Federal SAR levels indicating how much radiation can be emitted. Even attenuated, those signals are very powerful and not natural. A cautionary message.

79. Q: What are the side effects of using shungite?

A: Shungite balances and stabilizes bioelectromagnetic energy fields. The more adjustment required will result in a more profound reaction to being introduced to Shungite. Some people go through a detoxing process. Others find they are compelled to make life changes. It is likely these changes are what is needed, and may be a result of being

able to think more clearly as the EM/WiFi fog leaves the brain. The fog is caused by inflammation resulting from heating of the brain from EM/WiFi that is not biocompatible.

80. Q: *Why hasn't shungite been more mainstreamed, exposed in the West, if its so beneficial?*

A: The short answer is money. There was not a lot of money to be made. Shungite was known as a water purifier and the nuggets were dirt cheap. Any health benefits were attributable to the fact that the Shungite water was pure and therefore beneficial to health. It was not until Regina Martino and her book *Shungite: Protection, Healing, and Detoxification* discussed the benefits Shungite provided to the energy bodies and therefore improved health that Shungite got attention in Europe. Her book was not published in English until after we began talking about it on internet radio. As our customers began relating health benefits that we passed on to our listeners, Shungite began trending.

It is ironic that Shungite did not get attention in Russia until 1985 when it was discovered it contained the C60 molecule. It appears university level scientists began to research the water purification effects and soon found the health benefits.

The concept that Shungite can attenuate EM/WiFi and mitigate their dangers is directly attributable to me. I got on to this profound capability of Shungite because the Russian Military was using it to shield electronics against Electro-Magnet Pulses resulting from the detonation of nuclear devices.

81. Q: *What do you mean by "attenuate"?*

A: Attenuate came to my attention in a Russian document

translated directly into English from Russian. Normally, what was available as an English translation was not directly from the Russian. Most documents in English talking about Shungite, that were originally written in Russian, had been translated from French, German and Spanish documents. The typical used terms of “Shungite blocks” or “absorbs” was replaced by “Shungite attenuates”.

The definitions of attenuate in Enerology are:

1. To change an electromagnetic signal so that it becomes biocompatible by reversal of the signal’s rotation.
2. The reversal of spin in a toxic molecule that will lose molecular cohesion and fall apart into atoms.

82. Q: *What do you mean by Shungite sentience?*

A: For the purposes of working with Shungite, the Metaphysical definition comes into play. In Eastern philosophy, sentience is a metaphysical quality of all things that require respect and care. Shungite interacts with thought energy and will respond. The more you engage your imagination while working with Shungite, the more you can learn about its properties.

83. Q: *What is Shungite Rubber?*

A: It is rubber mixed with S4 and Raw Shungite Powder. It is made into various shapes and sizes for many purposes, including putting in shoes, sleeping and sitting on it, and it has been recently made into wheelchair covers.

As the Earth shifts into a new state, with new ways of thinking and feeling, this has brought forth tools for the paradigm of the New Energy, where we can address the state of the “intangible” vibrations that surround us every day.

The new tools are the product of combining the energy attributes and properties of geometric bodies (such as pyramids and cones) with materials that work to attract, transmute and counteract “stagnant” and “depleting” energy from a living or work space.

These can be, and have been used for energy work and other kinds of healing work.

- Walt Silva, NewParadigmTools.net